

OMAHA WORLD HERALD

TRACK & FIELD

All-Time TOP 10

100 M. DASH

Scott Yank, Lincoln SE,	'81	10.3
Cody Biodrowski, Ft. Cal	'01	10.3
Broc Howard, Kearney	'98	10.4
Willie Vinson, Om Burke	'82	10.4
George Beckwith, Om Flan	'91	10.4
Ronnie Doss, Om Benson	'93	10.4
Ahman Green, Om Central	'95	10.4
Eric Crouch, Millard North	'97	10.4
Andrew Shanle, St. Edward	'02	10.4
Eric Meyer, Hooper	'04	10.4
Doug Ourada, Kearney	'96	10.5

(numerous others at 10.5)

200 M. DASH

Terry Williams, Om Central	'62	20.9
Pat Belling, Om Roncalli	'98	21.0
Cole Biodrowski, Ft Calhoun	'01	21.0
Scott Yank, Lincoln SE	'81	21.1
Nate Probasco, Scribner	'01	21.1
Don Roberts, Trenton	'33	21.3
Eugene Littler, Mitchell	'37	21.3
Gale Merry, Bayard	'38	21.4
Ray Knaub, Scottsbluff	'56	21.4
Kent McCloughan, Bkn Bow	'61	21.4
Mike Thompson, Om Hy Nm	'73	21.4
Mark McGavish, Lincoln SE	'80	21.4
Mike Ockerman, Bell West	'81	21.4
Doug Ourada, Kearney	'96	21.5

400 M. DASH

Lukas Hulett, Bellevue East	'06	46.98
P.J. Grosserode, Lincoln Pius	'97	47.25
Andy Birkel, Lincoln SE	'03	47.77
Lionell McPhaull, Om North	'93	47.93
Mark Donahue, Fremont	'07	48.07
Sean O'Connor, Fremont	'90	48.08
Jim Johnson, Boys Town	'61	48.1
Danny Hill, Om Westside	'00	48.12
Mike Ross, Omaha Bryan	'86	48.13
D Del-Thompson, Om South	'48.	48.14

800 M. DASH

Brian Turner, Mill North	'00	1:50.82
Jack Lemke, Om Benson	'04	1:51.13
Ryan Barrows, York	'97	1:51.59
Scott Poehling, Fre Bergen	'76	1:52.2
Greg Peterson, Oak-Craig	'04	1:52.21
Tim Riveria, Om Central	'97	1:52.84
Jim Hawkins, Om North	'69	1:53.0
Lucas Bauman, Beatrice	'98	1:53.12
Barney Hill, Boys Town	'79	1:53.3
Paul McClain, Bellevue	'74	1:53.4
Eric Sanchez, Kearney	'97	1:53.42

1600 M. RUN

Colby Wissel, Kearney	'04	4:10.44
Brian Turner, Mill North	'00	4:10.8
Brandon Jessop, Kearney	'97	4:13.6
Nate Nielsen, Lincoln SE	'87	4:13.94
David Olson, Bell East	'92	4:15.75
Lynn Hall, Grand Island	'70	4:16.0
Matt Myers, Fremont	'85	4:16.04
Dan Speck, North Platte	'70	4:16.1
Ron Greeno, Lincoln East	'71	4:16.1
Steve Doran, GICC	'81	4:16.62

3200 M. RUN

Colby Wissel, Kearney	'04	8:55.55
Dana Carne, Om North	'99	9:06.57
Paul Schultz, Om Burke	'77	9:08.3
Tim Wakeland, Bell West	'83	9:10.94
David Iteffa, Fremont	'90	9:11.8
Bryan Clark, Auburn	'83	9:12.9
Luke Garringer, Kearney	'01	9:13.44
Eric Rasmussen, No Platte	'00	9:15.11
Drew Tonmiges, Kearney	'02	9:15.14
Anthony Alt, Waverly	'97	9:16.09
Brandon Jessop, Kearney	'97	9:16.4
Marcus Witter, Kearney	'97	9:17.0

110 M. HIGH HURDLES

Randy Brooks, Om Cr Pr	'77	13.4
Chad Hohnstein, SB	'96	13.7
Mashone Marsh, Om Ben	'75	13.8
Paul Anderson, Gordon	'72	13.8
Justin Wickard, SB	'01	13.8
Aaron Brandt, Wahoo Neumann	'06	13.8
Doug Schmitz, SB	'72	13.9
Justin Poos, Seward	'98	13.9
Andrew Pearson, Seward	'03	13.9
Drew Anderson, Kearney	'00	14.0
Joe Orduna, Om Central	'66	14.0
Randy Butts, GI	'69	14.0
Steve Buckner, GI	'72	14.0
Rich Brandfas, Lincoln SE	'75	14.0
Jeff Luebbe, Seward	'02	14.0
Harrington '05, Montgomery	'05	14.0

300 M. INTERMEDIATE HURDLES

Aaron Brandt, Wahoo Neumann	'06	37.29
Jeremy Buckner, GI	'91	37.36
Jeff Luebbe, Seward	'02	37.4
J Jones, Beatrice	'81	37.46
Chad Hohnstein, SB	'96	37.6
Ira Cooper, Om Westside	'98	37.82
Drew Anderson, Kearney	'00	37.89
Dana Jenkins, Om Burke	'85	37.94
Dan Marousek, Millard So	'94	37.94
Mark Eversden, OmWestside	'88	38.0
Wayne Reynolds, Om Central	'99	38.0

400 M. RELAY

Omaha Central	2007	41.74
Omaha Central	1999	41.79
Omaha Central	1986	41.91
Grand Island	2000	41.91
Omaha North	1993	41.99
Boys Town	2009	42.0
Omaha Cr Prep	1987	42.1
Millard South	1996	42.12
KEARNEY	2008	42.14
Omaha Cr Prep	1986	42.22
Grand Island	1999	42.22

1600 M. RELAY

Fremont	1985	3:17.15
Omaha Central	1985	3:18.04
Omaha North	2007	3:18.81
Omaha North	2004	3:19.05
Omaha North	1969	3:19.1
Omaha Benson	2003	3:19.14
Omaha Central	2001	3:19.27
Omaha Benson	2001	3:19.27
Omaha Burke	1989	3:19.75
Lincoln SE	1980	3:19.9

3200 M. RELAY

Lincoln	2005	7:44.12
KEARNEY	1997	7:45.30
Fremont	2005	7:45.64
Lincoln SE	1988	7:49.3
Scottsbluff	1997	7:50.83
Scottsbluff	1998	7:50.97
Omaha Central	1983	7:51.49
Hastings	1988	7:52.3
Bellevue East	1986	7:52.76
Omaha Cr Prep	1978	7:52.8
KEARNEY	2003	7:52.93
KEARNEY	2000	7:53.00

HIGH JUMP

Randal Carter, Papillion-Lv	'08	7-4
Aaron Plas, McCook	'02	7-2
Kyle Odvody, Wahoo	'00	7-1 1/2
Chris Murrell, GI	'89	7-1 1/4
Larry Meyer, Fremont	'77	7-1
Lane McDuffee, Fremont	'97	7-0 1/4
Doug Phelps, Hastings	'75	7-0
Larry Flock, McCook	'78	7-0
James Blackledge, Mill No	'84	7-0
Jeff Olson, Fremont	'87	7-0
Josh Long, Arapahoe,	'95	7-0

Paul Hamilton, Sidney '07 7-0

LONG JUMP

Robert Rands, Bell East	'02	25- 0 1/4
Gale Sayers, Om Central	'61	24-10 1/2
Artis Garris, Bellevue East	'92	24- 7
Tom Haase, Aurora	'87	24- 6 1/2
Ronnis Doss, Om Benson	'92	24- 3 1/4
Bobby Williams, Lin High	'61	24- 1/2
Johnny King, Om Flanagan	'91	24- 1/2
Mark Munger, Hastings	'72	24- 1/2
Tyler Wullenwaber, Utica-Cen	'09	24- 1/2
Nathan Blanks, Om Central	'83	23-11 1/2

TRIPLE JUMP

Todd Brown, Holdrege	'78	50-2 1/4
Jim Horner, Millard	'79	50-0 1/2
John Gibson, Papillion-LV	'96	49-1 3/4
Porter Groves, Lincoln NE	'09	48-9 1/4
Stanley Smith, Om Central	'07	48-7
Benji Prebly, Beatrice	'94	48-6 1/2
Lonell Cooper, Bell West	'99	48-5
Richard Ross, Lincoln High	'00	48-5
Tony Jordan, Lincoln High	'85	48-4 1/2
Steve Gordon, Om Cr Prep	'92	48-4 1/4

POLE VAULT

Seth Burney, Beatrice	'06	16-7
Gage Baldwin, GICC	'93	16-4
Brett Maher, Kearney	'08	16-2
Scott Nachtigal, Kearney	'95	16-1
Nate Polacek, Kearney	'08	16-0
Bump Novacek, Gothenburg	'85	16-0
Sam Ogden, GINW	'04	16-0
Zach Holoch, York	'04	15-11
T.J. Kloster, Arlington	'97	15-9
Danny Tylka, Lincoln East	'01	15-8
Tom Richmond, Kearney	'94	15-7 1/2
Ryan Wilson, Fremont	'99	15-7 1/2

SHOT

Marty Kobza, Schuyler	'81	66-11 1/2
Larry Station, Om Central	'82	64-9 1/2
Phil Lueking, Oxford SV	'98	64-6 1/2
Aaron Golliday, York	'98	64-6 1/2
Lucas Pinkelman, Cozad	'07	64-6
Kent Wells, Lincoln East	'85	63-7
Steve Kriewald, NL-Scotia	'00	63-1 1/4
Kevin Ramaekers, Nrk Catholic	'88	62-10
Cassidy Kramer, Atkinson	'03	62-10
Chase Beideck, Kearney	'03	62-5

DISCUS

Andy Meyer, Superior	'89	203-6
Larry Station, Omaha Cen	'82	202-1
Marty Kobza, Schuyler	'81	201-7
Todd Hitchler, Fremont	'07	201-6
Scot McPherren, Lin East	'93	198-9
Bobby Musil, Pawnee City	'03	197-4
Derric Werner, Tilden, EV	'02	196-11
Jared Schuurmans, Norfolk	'06	195-5
Jim Thompson, Waverly	'90	194-2
Stan Parker, Bellvue West	'82	194-1

KHS Athletes who were on the Top 10 Charts until the last couple of years.

1996	Doug Ourada	100 M.	10.5
1996	Doug Ourada	200 M.	21.5
1986	Jamie Bollwitt	800 M.	1:54.5
1986	Cory McCormick	800 M.	1:54.5
1994	Jeff Ganz	800 M.	1:54.4
1997	Eric Sanchez	800 M.	1:53.49
1997	Brandon Jessop	3200 M.	9:16.4
1997	Marcus Witter	3200 M.	9:17.0
1983	Scott Heiple	3200 M.	9:21.2
1986	3200 M. Relay		7:54.67
1991	3200 M. Relay		7:53.77
2004	3200 M. Relay		7:53.18
2000	3200 M. Relay		7:53.00
2003	3200 M. Relay		7:52.93
1990	Matt Daake	Shot	61-1
1993	Brad Schepers	Discus	189-3
1997	Andy Bonczynski	TJ	48-1 1/2