

OMAHA WORLD HERALD

WEEKLY TOP 10 TRACK CHARTS

SINCE 1980

The chart below lists every KHS Track & Field athlete who has appeared in the Omaha World Herald/
Lincoln Journal Star weekly Top 10 Track & Field Charts.

Since 1980 we have had 263 different Track & Field athletes listed among the state's best event athletes.

This is an average of nearly 9 different athletes a year for the past 30 years!

Charts come out 7 times per year.

Colby Wissel	7=800	22=1600	28=3200	4=4x400	10=4x800	71
Luke Garringer	9=800	20=1600	20=3200	14=4x800		63
Doug Ourada	14=100	14=200	6=400	14=4x100	15=4x400	63
Eric Molina	3=100	18= 4x100	20=LJ	21=TJ		62
Drew Tonniges	16=800	14=1600	14=3200	15=4x800		59
Brandon Jessop	13=800	16=1600	20=3200	7=4x800		56
Jeff Ganz	18=800	11=1600	7=3200	11=4x400	9=4x800	56
Micah Brown	11=LJ	20=TJ	19=4x100	5=4x400		55
Broc Howard	7=100	14=200	27=4x100	6=4x400		54
Jared Carlson	9=800	9=1600	6=3200	7=4x400	19=4x800	50
Marcus Witter	3=800	16=1600	23=3200	7=4x800		49
Dan Spellman	6=400	8=800	20=4x400	15=4x800		49
<u>Josh Mead</u>	<u>21=4x100</u>	<u>10=100</u>	<u>10=200</u>	<u>7=4x400</u>		<u>48</u>
<u>Jack Chatelain</u>	<u>18=Triple Jump</u>	<u>14=Long Jump</u>	<u>7=Triple Jump</u>	<u>9=110 HH</u>		<u>48</u>
Brent Richardson	10=100	13=200	20=4x100	3=4x400		46
Ryan Black	20=1600	14=3200	10=4x800			44
Drew Anderson	17=110 HH	14=300 IH	12=4x100			43
<u>Vince Molina</u>	<u>2=100</u>	<u>28=4x100</u>	<u>12=Long Jump</u>			<u>42</u>
Andy Bonczynski	9=4x100	16=LJ	16=TJ			41
Eric Sanchez	5=400	16=800	6=4x400	12=4x800		39
Vince Sickler	12=800	12=1600	4=4x400	9=4x800		37
Jeff Kuhn	10=100	9=200	9=4x100	9=4x400		37
Cory McCormick	14=800	8=4x400	15=4x800			37
Brock Steinbrink	6=800	10=1600	13=3200	7=4x800		36
Cory Wroblewski	7=800	7=1600	17=3200	5=4x800		36
Jon Goedert	11=400	7=800	7=4x400	11=4x800		36
Matt Daake	21=Shot	14=Discus				35
Rustin Dring	2=100	1=200	28=4x100	3=4x400		34
Aaron Ballou	12=110 HH	9=300 IH	12=4x400			33
Nick Caprario	15=3200	11=1600	3=4x800			29
Kevin Stubbs	18=3200	7=1600	4=4x800			29
Eric Fattig	13=4x100	7=TJ	7=LJ	1=4x400		28
Joe Richardson	2=100	7=200	16=4x100	3=4x400		28
Eric Bredenkamp	14=110 HH	7=4x100	5=HJ	2=LJ		28
Michael Allison	7=100	20=4x100				27
Brett Maher	14=Pole Vault	9=Long Jump	3=4x400			26
Jamie Bollwitt	5=800	7=1600	14=4x800			26
<u>Brant Haupt</u>	<u>10=300 IH</u>	<u>4=110 HH</u>	<u>11=4x400</u>			<u>25</u>
Kent Pilakowski	9=800	9=4x400	7=4x800			25
Cody Kissel	9=4x100	4=4x400	9=Long Jump	1=300 IH		23
Rashaad Clark	14=TJ	9=LJ				23
Derek Deyle	14=Discus	8=Shot				22
Chase Beideck	14=Shot	8=Discus				22
Josh Armagost	11=Pole Vault	9=4x100	2=4x400			22
Nate Polacek	21=Pole Vault					21
Rylan Little	7=800	7=1600	2=4x400	5=4x800		21
Terry Ostrander	10=3200	9=1600	2=4x800			21
B.J. Johnson	1=200	20=4x100				21
Tyson Bertrand	11=Discus	9=Shot				20
Caleb Brandt	19=Pole Vault					19
Aaron Miller	3=300	13=4x100	3=4x400			19

Cody Dombrowski	5=1600	14=4x800				19
Erich Meyer	2=400	14=4x400	3=4x800			19
Brad Butler	2=800	6=1600	4=3200	7=4x800		19
Conan Gifford	10=Discus	8=Shot				18
Scott Romatzke	9=800	2=4x400	7=4x800			18
Clint Johnson	7=4x100	9=LJ	2=TJ			18
Jeff White	2=800	7=4x400	9=4x800			18
Brad Schepers	14=Discus	4=Shot				18
Lance Carpenter	3=400	3=4x100	10=4x400	2=4x800		18
Mark Clabaugh	1=800	6=1600	3=3200	4=4x800		18
Matt Trampe	7=1600	7=3200	3=4x800			17
Josh Krolkowski	8=Discus	9=Shot				17
Kyle Larson	10=Shot	7=Discus				17
Nick Artz	7=4x100	10=LJ				17
Scott Heiple	1=800	7=1600	7=3200	1=4x400	1=4x800	17
Jeremy Armagost	6=300 IH	4=Pole Vault	6=4x400			16
<u>Brandt Humphrey</u>	<u>7=800</u>	<u>2=4x400</u>	<u>6=4x800</u>			<u>15</u>
<u>Alex S. Johnson</u>	<u>6=800</u>	<u>9=4x800</u>				<u>15</u>
Scott Nachtigal	15=Pole Vault					15
Brandon London	5=800	2=4x400	7=4x800	1=HJ		15
<u>Jordan Moncrief</u>	<u>7=4x100</u>	<u>7=4x400</u>				<u>14</u>
Noah Keller	14=Shot					14
Marcus Kuhl	14=Discus					14
Kyle Tonniges	4=800	2=4x400	8=4x800			14
Phil Brandt	14=Pole Vault					14
Kevin Johnson	14=Shot					14
Nate Murdoch	8=110 HH	1-300 IH	5=4x100			14
Justin Steinhauser	14=Shot					14
Tom Richmond	14=Pole Vault					14
Grant Lebsack	1=800	4=1600	9=4x800			14
Chris Randolph	6=800	1=1600	7=4x800			14
Shun-Lee Fong	3=800	11=4x800				14
Britt Dinsmore	14=Discus					14
Kolby Lathrop	10=4x400	3=4x800	1=300 IH			14
Tom Anderson	2=1600	6=3200	5=4x800			13
Matt Bjornsen	11=4x800	2=4x400				13
Dusty Johnson	13=PV					13
Rob Lewis	8=Discus	5=Shot				13
Rob Caha	12=4x400	1=4x800				13
Mike Reichard	3=800	4=4x400	5=4x800			12
David Poparad	5=100	7=4x100				12
George Hertner	3=1600	9=4x800				12
Mike Weaver	9=4x100	2=4x400				11
Collin Nichols	11=Triple Jump					11
Mark Demmel	9=4x100	2=4x400				11
Ben Cross	11=Shot					11
<u>David Prater</u>	<u>5=1600</u>	<u>4=3200</u>	<u>1=4x800</u>			<u>10</u>
<u>Brett Armstrong</u>	<u>10=4x800</u>					<u>10</u>
Chris Miller	10=4x800					10
Kyle Davison	7=Shot	3=Discus				10
Adam Schultze	5=110 HH	5=300 IH				10
Jeff Ward	5=High Jump	3=4x100	2=Triple Jump			10
Tony Kulhanek	9=4x100					9
Nick Jones	9=4x800					9
Lief Sidwell	7=Shot	2=Discus				9
Chris Robbins	9=4x800					9
Greg Lakey	9=4x800					9
Mike Carlson	5=800	4=1600				9
Jim Carter	3=4x100	6=4x400				9
<u>Chase Bolin</u>	<u>8=4x400</u>					<u>8</u>
Cal Mak	7=4x800	1=800				8
Nolan Johnson	8=Shot					8
Drew Emken	4=800	2=4x400	2=4x800			8
Kevin Koster	8=High Jump					8
Jeff Nachtigal	7=3200	1=1600				8

Jason Fowler	5=3200	3=4x800			8
Steve Nester	1=800	2=4x400	5=4x800		8
Lyndon Stone	8=Pole Vault				8
Ted Peterson	8=Pole Vault				8
Paul Sterner	2=110 HH	1=300 IH	5=4x400		8
John Groothuis	7=110 HH	1=4x100			8
Scott Cash	1=3200	7=4x800			8
Jeff Roberts	3=TJ	5=4x100			8
<u>Dillon Snider</u>	<u>7=Discus</u>				<u>7</u>
<u>Tyler Shield</u>	<u>7=High Jump</u>				<u>7</u>
<u>Jacob Olson</u>	<u>4=800</u>	<u>1=1600</u>	<u>1=4x400</u>	<u>1=4x800</u>	<u>7</u>
Jared Archer	7=Long Jump				7
Blake Millsap	7=High Jump				7
Cory Hanson	7=4x800				7
Trenton Talbitzer	7=Discus				7
Chris Nuttelman	7=TJ				7
Brett Bowers	7=4x100				7
Nolan Little	7-4x800				7
Adam Main	7-4x800				7
Ross Nachtigal	7=Pole Vault				7
Scott Hinrichs	7=4x100				7
Michael David	3=800	4=4x800			7
Tyler Engel	7=High Jump				7
J.C. Kelly	7=4x100				7
Chad Sutherland	7=4x800				7
Jason Christo	7=Shot				7
Matt Schwartz	7=Shot				7
Jeff Norblade	7=Discus				7
Rob Sehnert	7=Shot				7
Steve Kiburz	7=Shot				7
Brent Gage	6=110 HH	1=4x100			7
Brad Weishaar	7=Pole Vault				7
Bill Clarke	7=4x100				7
Marty Molina	7=Triple Jump				7
<u>Paul Bolin</u>	<u>6=Pole Vault</u>				<u>6</u>
<u>Keathen Fertig</u>	<u>6=4x800</u>				<u>6</u>
<u>Mike Currin</u>	<u>6=4x800</u>				<u>6</u>
Ben Slawski	6=4x800				6
Ross Fellows	6=Triple Jump		Matt Demmel	6=Long Jump	6
Rob Downing	1=200	1=800	3=4x400	1=4x800	6
Mike Lincoln	6=Shot				6
Scott Karsten	6=Triple Jump				6
Chad Beezley, Chad Sutherland, Scott Barth					6
E.J. Gannon, Tyler Hanson, T.J. Peterson, Evan Swift					5
Jared Schroeder, Kully Thatcher, Aaron Peterson					5
Rob Morrow, Curt Simonson					5
Mark Treadway, Jeff Shield					5
<u>Chase Svoboda</u>	<u>4=4x800</u>				<u>4</u>
<u>Alex M. Johnson</u>	<u>4=Discus</u>				<u>4</u>
Ben Kottmeyer, Dan Lantzer					4
Brandon Kershner, Mark Westerbuhr					4
Jason Jones, Jared Pierce, Brandon Luke					4
Paul Huerta, Mike Morris, Doug Ludwig					4
Mike Asche, Jon England, Todd Cope					4
Drew Emken, Eric Main, Brad Palu, Jerry Thomas, Mike Bash, Scott Kinney, Stew Danburg, Jim Delaet					3
Ryan Smith, Bronson Bosshamer, Zach Keller, Steve Wilson, Graham Talbitzer, Greg Medo					3
<u>Tyler Wright</u> , Justin Whitefoot, Joe Klahn, Greg Jessop, Derrick Lenz, Mark Giesler, Jeff Beavers					<u>2</u>
Nick Bennett, Chris Watts, Ryan Paul, Derek Luke, Dan Lillis, Monte Christo, Mike Smith, Cory Wickham					2
Rob Nickel, Jim Mahalek, Scott Meyer, Rich Hauver, Bob Lambert, Lance Tolstedt, Brad Martin					2
John Lydiatt, Brian Downing, John Thomas, Mark Maurer, Robin Hobelman, Grant Gartner					1
<u>Zach Jameson</u>	<u>1=High Jump</u>	<u>Travis Walker</u>	<u>1=3200</u>		<u>1</u>
John Anderson, Brady Metz, Seth Siedschlaw, Tyler Anderson, Kris Erickson, Andrew Widman, Jeff Anderson					1
Ben Witter, K.C. Lathrop, Chris Liner, Doug Sutko, Clayton Edwards, Frank Ward, Isaac Ballou, Jeff Epley					1
Jason Armagost, Keith Robinson, Larry London, Bill Weigel, Rob Nabower, Eric Biehl					1
John Ludeman, Matt Caldwell, Marc Moffett, Bob Luke, Garreth Glanz, Brian Williams					1

“Keep away from people who try to belittle your ambitions” Mark Twain

STATE CHART LEADERS

The following chart lists the K.H.S. Track & Field athletes who have led the Omaha World Herald/Lincoln Journal STATE CHARTS in their particular events!

Colby Wissel	13=1600	13=3200	8=4x800	34 Times
Drew Tonniges	2=800	7=1600	7=3200 13=4x800	29
Luke Garringer	1=800	7=1600	9=3200 8=4x800	25
Brandon Jessop	1=800	8=1600	7=3200 5=4x800	21
Doug Ourada	4=100	14=200	1=4x100	19
Broc Howard	7=100	4=200	7=4x100	18
Matt Daake	14=Shot			14
Drew Anderson	7-110 HH	4=300 IH		11
Andy Bonczynski	9=LJ	2=4x100		11
Eric Sanchez	5=800	5=4x800		10
Jon Goedert	4=400	3=4x400	1=4x800	8
Jamie Bollwitt	4=800	2=1600	2=4x800	8
Nate Polacek	7=Pole Vault			7
Cory Wroblewski	2=800	5=4x800		7
Nick Artz	7=Long Jump			7
Eric Molina	7=4x100			7
Scott Nachtigal	7=Pole Vault			7
Micah Brown	6=Triple Jump			6
Vince Sickler	6=4x800	Nick Jones	6=4x800	6
Jared Carlson	6=4x800	Phil Brandt	6=Pole Vault	6
Brett Maher	5=Pole Vault			5
Nolan Little	5=4x800	Marcus Witter	5=4x800	5
Aaron Miller				5
Cory McCormick				5
Dan Spellman, Erich Meyer				5
Kyle Tonniges, Matt Bjornsen				4
Ryan Black, Mark Demmel, Justin Steinhauser				4
Mike Carlson, Brad Weisharr				4
Scott Romatzke, Tom Richmond, Chris Randolph, Jeff Kuhn				3
Kevin Johnson, Jeff Ganz, Brad Schepers				2
Jeremy Armagost, Rob Caha, Steve Kiburz				2
Vince Molina, Rustin Dring, Mike Weaver, Josh Mead		1=4x100		1
Eric Fattig				1
Chris Nuttelman				1
Brock Steinbrink				1
Tom Anderson				1
Shun-Lee Fong				1
Adam Main				1
Nate Murdoch				1
Mike Riechard				1
Chris Robbins				1
Clint Johnson				1
Kevin Koster				1
Terry Ostrander				1
Mark Clabaugh				1
Brandon London, Cody Dombrovski				1
Rashaad Clark, Scott Cash				1
Rob Morrow, Rob Nickel				1

“We will never give up. We will never capitulate”
From Jim Collins’ book, *Good to Great*