

# TOP RELAY TIMES

SINCE 1974

## 400 M. RELAY

42.14	2008	Molina V, Dring, Weaver, Mead
<b><u>42.43</u></b>	<b><u>2009</u></b>	<b><u>Molina V, Mead, Moncrief, Chatelain</u></b>
42.5	1996	Molina E, Howard, Johnson, Ourada
42.5	1995	Poparad, Bredenkamp, Kelly, Ourada
42.6	1998	Molina, Howard, Mk Demmel, Miller
42.6	1997	Molina, Howard, Miller, Bonczynski
42.61	2003	Brown, J Richardson, To Kulhanek, B Richardson
42.75	2007	Weaver, Dring, Mead, V Molina
42.81	2004	Fattig, Brown, Johnson BJ, Richardson B
42.83	2005	Dring, Fattig, Johnson BJ, Richardson B
43.0	2001	Allison, Palu, Richardson, Bowers
43.2	2006	V Molina, Kissel, B.J. Johnson, Dring
43.2	2000	Allison, Anderson D, Hinrichs, Anderson Jeff
43.4	1990	Ward, Asche, Armagost, Kuhn
43.5	2002	Allison, Richardson, Bowers, Brown
43.6	1989	Clarke, Roberts, Armagot, Kuhn

## 1600 M. RELAY

<b><u>3:20.94</u></b>	<b><u>2009</u></b>	<b><u>Haupt, Moncrief, Bolin C, Mead</u></b>
3:22.71	1998	Miller, Romatzke, Mk Demmel, Howard
3:22.81	1995	White, Ourada, Ganz, Ballou
3:22.93	1991	Spellman, Meyer E., Nickel, Goedert
3:24.23	1997	Howard, Miller, Sanchez, J Carlson
3:25.0	1990	Caha, Meyer E., Armagost Jo., Kuhn
3:25.2	2004	Bjornsen, Wissel, Richardson, Brown
3:25.5	1996	Ourada, Howard, Carlson, Sanchez
3:25.67	1986	Carter, Carpenter, McCormick, Sterner
3:26.03	1989	Kuhn, Spellman, Lathrop, Pilakowski
3:26.2	1988	Smith, Caha, Lathrop, Pilakowski
3:26.3	2008	Haupt, Bolin, Mead, Maher
3:26.3	1987	Carter, Lathrop, Smith, Carpenter
3:26.44	2005	Fattig, Emken, Richardson B, Little R
3:26.9	1985	Nester, Carpenter, Carter, Downing
3:26.95	1994	Sutherland, Ourada, Luke, Ballou
3:27.0	2003	Bjornsen, Sickler, J Richardson, Graves
3:28.0	1993	Treadway, M Christo, Sutherland, Ballou
3:28.4	2001	Little, Graves, Palu, Jones

## 3200 M. RELAY

<b>State --</b>	7:45.30	1997	Carlson, Witter, Jessop, Sanchez
<b>Record</b>	7:52.93	2003	Sickler, K Tonniges, Wissel, Bjornsen
	7:53.00	2000	Romatzke, D Tonniges, Black, Garringer
	7:53.17	2004	Steinbrink, Anderson, Wissel, Bjornsen
	7:53.77	1991	Fong, Dombrovski, Randolph, Goedert
	7:54.67	1986	London, McCormick, Carpenter, Bollwitt
	7:57.0	2002	Wroblewski, Sickler, Steinbrink, Tonniges D
	7:57.67	1995	White, Robbins, Carlson, Ganz
	7:58.78	2001	Tonniges, Jones, Little, Garringer
	7:59.06	2005	Emken, Miller, Stubbs, Little R
	7:59.90	1989	Hertner, Pilakowski, Lathrop, Spellman
	8:00.75	1998	David, Romatzke, Black, J Carlson
	<b><u>8:03.4</u></b>	<b><u>2009</u></b>	<b><u>Humphrey, Johnson A, Armstrong, Olson</u></b>
	8:04.1	1984	Nester, Simonson, Kinney, Clabaugh
	8:04.70	1990	Fong, Randolph, Spellman, Dombrovski
	8:05.6	1985	Nester, Bollwitt, Downing, McCormick
	8:06.0	2008	Mak, Humphrey, Slawski, A Johnson
	8:06.3	1992	Lebsack, Treadway, Goedert, Beezley
	8:07.1	1993	Lebsack, Treadway, Ganz, Sutherland
	8:08.6	1983	Maurer, Ludwig, Simonson, Heiple

# The following relays are run only in Relay Meets

## 800 M. RELAY (4 X 200 M.)

1:32.8 1974 Swanson, Bates, Meyer, Marrow  
1:33.0 1976 Smith, Braden, Gappa, Marrow

## 6400 M. RELAY (4 x 1600 M.)

19:04.0 1978 Ostrander, Cudaback, Erpelding, Kraus  
20:08.4 1980 Ostrander, Carlson, Snyder, Ross

## MILE MEDLEY (200-200-400-800)

3:38.0 1987 Carter, Carpenter, Lathrop, McCormick  
3:39.3 1985 Carter, Carpenter, Downing, Nester

## DISTANCE MEDLEY (400-800-1200-1600)

State Record 10:43.0 1997 Howard, Carlson, Witter, Jessop  
10:56.1 1983 Heiple, Maurer, Ludwig, Shield  
10:56.4 1979 Martin Hauver, Lambert, Ostrander

## LOW HURDLE SHUTTLE

46.9 1988 Shepherd, Smith, Norblade, Gage  
48.1 1987 Gage, Hove, Shepherd, Niemann

## HIGH HURDLE SHUTTLE

37.1 1986 Groothuis, Antillion, Niemann, Sterner  
38.4 1987 Gage, Niemann, Anderson, Hove

## WEIGHTMAN'S RELAY

47.9 1993 Bertrand, Schepers, J. Christo, R. Paul  
47.9 1981 Norblade, Bauer, Jacobs, Jorgenson